MEETING MINUTES

Wellness Meeting

Date: Wednesday, November 29, 2023

Time: 2:00 – 4:00 PM

Location: Board of Education meeting room

Meeting Leader: Kathy Eaton • Food Service Director

Attendance at Meeting:

Kathy Eaton • Food Service Director

Carol Latham • Food Service Manager

Jamie Rumford • Superintendent of Schools/Parent

Matt Bayer • High School Principal/ Parent

Nikki Depperschmidt • School Nurse

Edith Tarango • R.N. Administrator, Scott County Health Department/ Parent

Jessica Berry • Teacher/Parent

Karen Pounds • Middle School PE Teacher

Dakota Hayes • High School PE Teacher

Meeting Notes-Topics-Decisions

Beverly Stafford—KSDE Wellness Coach led the meeting. Beverly discussed the Wellness Policy regulations, reasons for a Wellness Policy and suggestions on filling out the Wellness Impact Tool. There was discussion on ideas for nutrition education and events involving family and community. The committee will be looking at developing policies and policies in place at the next meeting, along with going over the Wellness Impact Tool.

The next meeting will be January 24, 2024 in the Board of Education meeting room from 2:00-4:00 pm.

The Wellness Committee welcomes new members; anyone wanting to join may contact Kathy Eaton @ 620-872-7605 or keaton@usd466.org